 

**Lesson Plan: *Cheerleading***

**Topic: Introduction**

1. **Education objectives:**

Students are able to replicate accurately eight basic cheerleading moves.

1. **Gained knowledge:**

Students know to perform the basic cheerleading moves into an 8 count.

1. **Methodology:**
* Dialogue
* Discussion
* Individual work
* Pair work
1. **Equipment:**
* Data projector
* Laptop with Wi-Fi connection
* Power Point presentation prepared in advance

**Lesson structure**

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| **Lesson phase** | **Tasks and exercises** | **Methodology and equipment** |
| 1. **Organisation**
 |
|  | * Greeting
* Attendance check
* Explaining the lesson objectives and structure
 | Electronic attendance sheet  |
| 1. **Motivation**
 |
|  | * Arousing the students´ interest in gaining information and knowledge about cheerleading
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| 1. **Practise**
 |
|  | * Exposition of new topic by means of Power Point presentation prepared in advance
* Warm-up performed by a student
* Explaining how to count and replicate basic cheerleading motions.
* Explaining how to link cheerleading motions into an 8 count.
* Practising gained knowledge in teams.
 | Power Point presentation(dialogue) Individual work Pair work |
| 1. **Summary**
 |
|  | * Revision based of the questions about the topics discussed during the lesson
 | Individual answers |