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Form lesson plan for secondary school – fighting discrimination and exclusion.

Subject: Say NO to exclusion.

I. Objectives

1) Knowledge

Students:

- a) Express their feelings concerning other people.
- b) Know problems connected to discrimination and social exclusion.
- c) Are emphatic.

2) Skills

Students:

- a) Are tolerant of others – they don't mind other people's appearance, beliefs, opinions or social status.
- b) Can express their opinion about others without criticising.
- c) Can name their feelings and emotions concerning other people.
- d) Can stand up for others.
- e) Can react appropriately to different opinions and behaviours.
- f) Know how to discuss with others.

II. Methodology

Talk, discussion, explanation, teamwork, debate, comparing arguments.

III. Lesson duration:

1) Preparation:

- a) Teacher welcomes students, takes the register.
- b) Teacher explains the lesson objectives and tasks ahead.
- c) Teacher hangs the poster with a question: What does it mean to be discriminated and socially excluded?

2) Main part:

Students work individually, they have to finish the sentences:

When I meet a person for the first time, I pay attention to:

.....

While talking to somebody for the first time I don't like:

.....

I get irritated by people who seemingly:

.....

Students read their answers aloud. They share their thoughts and observations. They learn what “First impression” means and how it can make it either easier or more difficult to make a relationship with someone.

Teacher divides students into teams. They have to write what comes to their mind when they think of:

People with different skin colour	
Mentally disabled	
The poor	
People living in villages	
Islamists	

Teams read their answers aloud.

Teacher asks questions:

- What was the purpose of the exercise you’ve just finished?
- Why did these particular associations come to your minds?
- How close to reality are the associations you wrote down?

Working in groups students need to come up with ideas how negative associations about others can be changed for those groups of people:

People with different skin colour	
Mentally disabled	
The poor	
People living in villages	
Islamists	

3) **Summary**

Discussion, conclusions.

Lesson plan created by Sebastian Sikorski.